

AMHCA Code of Ethics

Addendum December 2023



**AMERICAN MENTAL HEALTH
COUNSELORS ASSOCIATION**

The only organization working exclusively for the
mental health counseling profession

AMHCA CODE OF ETHICS
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Ethical Priorities
for Clinical Mental Health Counseling

Addendum to AMHCA Code of Ethics (Revised 2020)

I. Commitment to Clients

B. Counseling Process

6. The Use of Technology Supported Counseling and Communications (TSCC)

1. CMHCs clearly disclose to clients when clinical services are provided by any modality other than direct person-to-person contact. In order to support client autonomy, CMHCs must disclose the extent, if any, to which clinical services are provided through, or in conjunction with, the use of artificial intelligence, machine learning, deep learning, or any other human simulation modality. CMHCs must obtain client consent before initiating these clinical services.

CMHCs remain ultimately responsible for all clinical services they provide including their choices about client evaluations, treatment planning, interventions, and assessments. When CMHCs use technology to support clinical services, they are also responsible for ensuring that such technology is sufficiently safe, appropriate, and effective.

The unabridged version of *AMHCA Code of Ethics* appears in Appendix C of “Essentials of the Clinical Mental Health Counseling Profession,” and is also available at no cost from www.amhca.org/publications/ethics.

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