

The Clinical Mental Health Counselor Declaration

Clinical Mental Health Counselors
advocate for the well-being of individuals, families, and communities.
They are highly trained and qualified to provide comprehensive assessment, diagnosis,
and treatment of mental health disorders as well as barriers to quality of life.
Members of the profession also integrate mental health with social, cultural, vocational,
educational, and physical wellness.

As a Clinical Mental Health Counselor:

I pledge to dedicate my professional life
to the service of humanity;

My first consideration will be to improve
the mental, emotional, and relational
well-being of those within my care, their
families, and the community at large;

I will engage in my profession with integrity
and in keeping with codes of ethics,
laws, and the best practices of
Clinical Mental Health Counseling;

I will maintain the utmost respect
for each individual and will honor their
autonomy, dignity, and self-determination;

I will respect the confidences
that are disclosed to me, in accordance
with relevant laws and codes of ethics;

I will recognize and address presumptions
related to gender, age, race, ethnic origin,
sexual orientation, disease, ability-level,
creed, nationality, or any other factors
so they will not interfere with my duties;

I will honor my professional capabilities,
so that even under threat, I will not violate
human rights or civil liberties;

I will share my professional knowledge
and work in partnership with other
health professionals;

I will extend fitting respect and gratitude
to my teachers, colleagues, and students;

I will use my knowledge, skills, and
experiences to prepare the next generation
of Clinical Mental Health Counselors;

I will attend to my own well-being,
my physical wellness, and
my personal relationships;

I will accept my lifelong obligation to improve
my professional capabilities in order to
provide the highest standard of care; and

As a Clinical Mental Health Counselor,
I will advocate for the betterment of others
and for the advancement of health
and well-being.

I make this declaration solemnly, freely,
and on my honor.

