

This Week at AMHCA

AMHCA News Updates

AMHCA's Resource Site for COVID-19 - **Continuously Updated**

We are grateful for all that you — AMHCA members — and our partners are doing on the ground to support the health, safety, and well-being of people with mental health conditions. The AMHCA team is so proud to be working for you knowing during this crisis, as you are on the frontlines providing critically important treatments and services to vulnerable Americans who suffer from an array of conditions such as depressive, anxiety, panic, PTSD, trauma-related, and other mental health disorders. We will continue to update our site with information as soon as we get it. Please also look for a new Coronavirus-edition of our newsletter that is coming out every two weeks with the latest updates.

COVID-19 Resources

Post-Election Analysis of What to Expect for Mental Health Counselor Legislation

Joel Miller, AMHCA Executive Director and CEO, presents on Advocacy

Appointments

- Early test of impact of new Administration on mental health and health care policy will come with appointments
- Waiting game for HHS Secretary (Murthy or Grisham or...?) and its key agencies including:
 - SAMHSA
 - HRSA
 - CMS (Cohen or Gee, or...)
 - CDC
 - ASPE
 - FDA
 - Surgeon General

AMHCA Executive Director and CEO, Joel Miller, presents on advocacy and what can expect in the upcoming months and years for mental health counselor legislation after the election.

Watch Presentation

Facebook LIVE Event: December 10, 2020 at 1:30 PM EST/10:30 AM PST

REPORTING LIVE FROM AMHCA!

American Mental Health Counselors Association

www.facebook.com/amhca

What are the implications of the Presidential Election for Mental Health Care Policy and Health Care Programs at the Federal Level? How will recent cabinet choices by President-Elect Biden affect those policies? Join us here on Facebook to learn more about the potential impact for Clinical Mental Health Counselors!

AMHCA Facebook Page

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TherapyNotes

Online Practice Management Software for Behavioral Health

Less Paperwork.

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Continuing Education

AMHCA Home Studies Are Back!

The AMHCA 2020 Fall Summit and recent webinars have been added to our home study offerings. These will be updated regularly as we have more events and add more to our library. If you have any questions please email education@amhca.org.

More Information

2021 AMHCA Webinars: Call For Proposals Now Open

American Mental Health Counselors Association

CALL FOR PROPOSALS

2021 AMHCA Webinars

www.amhca.org

Are you looking to share your expertise with Clinical Mental Health Counselors across the country? AMHCA is looking for new presentations to add to our upcoming 2021 webinar series! Submit your proposal today at using our [2021 Call for Webinar Proposals form](#)! For more information, please contact AMHCA's Office of Credentialing and Continuing Education at 703-548-6002 Option 2 or education@amhca.org.

2021 Call for Webinar Proposals Form

2021 Conference Updates

Viva Las AMHCA! Early Bird is OPEN!

We are headed to Vegas for AMHCA's Annual Conference Wednesday, June 23 - Friday, June 25, 2021

Early bird is open and going fast! Early Bird pricing ends December 31, 2020.

Join colleagues in Vegas next year at the LINQ for empowering sessions and energizing fellowship. This year's theme is UNITE! Recognize. Reframe. Restore.

Register

The 2021 AMHCA Annual Conference call for posters is still open and we want to hear from you! This year's theme is UNITE! Recognize. Reframe. Restore. We hope that you will consider submitting a poster to present at this year's conference. This is an excellent opportunity to get your name out there!

If you have any questions, please contact Rebecca Woodson, AMHCA's Director of Events, at rwatson@amhca.org or 703-548-6002 x108.

Call for Posters

Call for Posters

Publications

The Journal of Mental Health Counseling: October 2020

In this Issue:

PRACTICE

Affirmative Counseling With LGBTQ+ Arab Americans

Michael P. Chaney, Fatin Dubaybo, Catherine Y. Chang

Affirmative Wellness Counseling With Older LGBTQ+ Adults

Michael P. Chaney, Joy S. Whitman

PROFESSIONAL EXCHANGE

The Role of Psychedelics and Counseling in Mental Health Treatment

Russ Curtis, Lisen Roberts, Elizabeth Graves, Heather Thompson Rainey, David Wynn, David Krantz, Verena Wieloch

RESEARCH

Examining a Mental Health Literacy Intervention Among Economically Disadvantaged Youth

Jayna Murnbauer-Pisano, Sejal Mehta Barden

A Pilot Investigation of Positive Psychology Instruments and Dialectical Behavior Therapy Treatment Outcomes

Craig A. Warlick, Jonathan M. Huffman, Jonathan L. Poquiz, Kelsey M. Moffitt-Carney, Thomas S. Krieschok, Leslie DeLong, Brynne Schellenger, Julia Leonard, Juliet Nelson

AMHCA members have free access to the JMHCA online. You must first log in to AMHCA.org with your username and password; then navigate to the JMHCA page under the "Publications" tab and click "Member Access".

Member Access

The Advocate Magazine: Special Focus on Diversity & Justice

with guest editors Angele Moss-Baker and Dr. Beverly Smith

Member Reflections: CMHCs can help Black clients through pain and suffering -by Napoleon Harrington

Counseling Tips: Improving cultural competence for behavioral health professionals

Promoting Sanity in Inane Times -by Dr. Courtland Lee

Facilitating Difficult Conversations About Power, Race, and Privilege -by Dr. Fredrick B. Dombrowski

Microaggressions as a Mental Health Concern. What is our role? -by Dr. Elisa Niles

Police Violence, Racial Injustice, and Police Burnout in the Aftermath of George Floyd's Death -by Dr. Norman Hoffman, Ekem Essien and Aaron Norton

Inside AMHCA

Congress Passes Historic Mental Health Counseling Medicare Legislation

Diversity, Equity, & Inclusion: Owning Our Voice, Sharing Our Voice

Mental Health Disorders Are Soaring Dramatically This Year: AMHCA Releases New "Beyond a Perfect Storm Report

Documenting the Trend

Licensure Portability-A Path Forward

Attend a Monthly Neuroscience Webinar

Plus

From the President's Perspective: We're Energized, Empowered, Unified!

From AMHCA's Executive Director/CEO: Making America Mentally Healthy

Download PDF

Read Online

AMHCA released a report on the number of Americans reporting mental health distress over the last few months.

AMHCA released a major report yesterday on the number of Americans reporting mental health distress over the last few months. Please see our new study – Beyond the Perfect Storm – How Racism, Covid-19, and Economic Meltdown Imperil Our Mental Health – and our press release on the study.

Based on the AMHCA report, nearly 41 percent of adults nationally are reporting that they are suffering from a mental health disorder -- or about 103 million adults in the U.S.

Press Release

Download Report

2020 AMHCA Standards for the Practice of Clinical Mental Health Counseling

The "AMHCA Standards" bridge professional expectations with clinical practice. "AMHCA Standards" is a living document that is updated on a continuing basis by AMHCA's Advancement for Clinical Practice Committee to meet the needs of the public and the profession. In addition to standards of practice, it includes training and supervision standards. Download the revised 2020 edition for free at AMHCA.org.

Learn More

2020 AMHCA Code of Ethics

The "AMHCA Code" is an essential component of practicing clinical mental health counseling with professionalism and integrity. While ethical guidance for the practice of clinical mental health counseling is its primary purpose, it is also intended to prompt pondering about ethical thinking and practice. Download the revised 2020 edition and see our other great ethics resources for free at AMHCA.org.

Learn More

AMHCA Practice Guidelines

AMHCA Practice Guidelines provide technical assistance, identify best practices and highlight lessons learned on successful positioning strategies for practitioners on a range of areas related to the delivery and financing of mental health services in the era of health care reform and implications on clinical practice.

Learn More

Declaring with Pride the Fundamental Values Held by Clinical Mental Health Counselors

The Declaration serves as a concise public statement of professional standards, values, and ideals. It is a voluntary pronouncement. If you desire, you are encouraged to display The Declaration in your office. It may also be used at graduations or for other appropriate occasions.

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Chapter News and Events

Chapter Leaders: List your chapter event on AMHCA.org!

Widen your audience to the entire AMHCA membership! Register your event with AMHCA and have it listed on our calendar.

List Your Event

Latest Jobs

SUD Outpatient Counselor, Behavioral Health Services, YVFWC, Yakima, Washington

View Job

Outpatient Therapist, Behavioral Health Services, YVFWC, Yakima, Washington

View Job

Licensed Professional Counselor, University of Virginia Health System Physicians Group, Harrisonburg, Virginia

View Job

Clinical Screener Integrated Assessment Program, La Rabida Children's Hospital, Chicago, Illinois

View Job

Behavioral Health Therapist II, Novant Health, Inc., Winston-Salem, North Carolina

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Social Worker Case Manager, Inova Health System, Falls Church, Virginia

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To ensure that future mailings are sent to your inbox, please add info@amhca.org to your contact list.

The vision of the American Mental Health Counselors Association is to serve white clinical mental health counselors to meet the health care needs of those in need while advancing the profession.

AMHCA.org

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