



AMHCA.org

Conference

Upcoming Events

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## AMHCA Newsletter: Conference Edition

### Latest Conference Updates

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- March 8, 2021 - [New Schedule is posted](#) with details and descriptions of sessions.
- March 3, 2021 - [Revised brochure](#) is posted with schedule of times. Detailed descriptions of sessions coming soon!
- February 26, 2021 - Revised [Schedule At-a-Glance](#) is posted. Detailed schedule coming soon!
- February 26, 2021 - Revised pricing for [registration](#) is posted and open! See our many new low-price options and combo packages.
- February 25, 2021 - After thoughtful discussion with the Board of Directors and a member survey, we have decided to move our 2021 Conference to a fully virtual experience. [Read the announcement.](#)



### New Pricing: Direct Your Balance

[View Online](#)

Going virtual allows us to bring you more benefits to enhance your conference experience such as lower prices and an integrated conference app!

New pricing includes:

- lower pricing for full event,
- free registration for our 2021 Fall Summit if you register for the full conference,
- combo pricing for 2021 and 2022 annual conference, and
- daily and weekly pricing for those that can't make the whole event (on sale soon!).

Since we have reduced our registration rates for 2020 we have created the following options to handle the leftover balance you have paid to AMHCA.

Your options for directing the balance of your registration fees are:

1. **Option 1:** I would like to transfer my entire 2021 ticket to 2022. (Issued within 7 business days)
2. **Option 2:** I would like to keep my balance as a credit on my AMHCA account and receive an additional \$25 BONUS credit! (Issued within 7 business days)
3. **Option 3:** I would like to keep my balance as a credit on my AMHCA account and also receive a discount on my membership renewal! (Issued within 7 business days)
4. **Option 4:** I would like to apply my balance toward a 2021 & 2022 combo conference ticket! (Issued within 7 business days)
5. **Option 5:** I would like a refund of my balance

Fill out the form so we can direct your balance by April 30, 2021.

[DIRECT YOUR BALANCE](#)

### Latest on Our YouTube Channel



Why was Katrina excited to attend the 2019 annual conference in Virginia?

[WATCH NOW](#)

### Download the Updated Brochure



#### TUESDAY, JUNE 15

12:00 – 1:30pm  
Moving Trauma Informed to Trauma Responsive to Trauma  
Specific Services with Theresa M. McCafferty

12:00 – 5:00pm (2 Parts)  
What Mental Health Clinicians Need to Know About the Immune System with Pasquale Grassie

Can I Do That? The Counselor's Guide to Psychological Testing with Aaron Norton

#### WEDNESDAY, JUNE 16

11:30am – 1:00pm  
Advocating Social Justice & Educating Future Social Change Agents with Devona M. Stahlaker-Shofner

11:30am – 3:30pm (2 Parts)  
Getting Unstuck: Understanding Co-Occurring Disorders in Teens with David Flack

Disordered Eating and Body Positivity: An Intersectional Approach with Lori Kucharski

4:00 – 8:00pm  
Creating Ethical Self-Care While Providing Client Care in a Crisis with Rebecca K. Rucker

Telemental Health Counseling for Integrated Disorder Processing with Gray Otis

#### THURSDAY, JUNE 17

12:00 – 1:00pm  
Blindfolded by COVID-19: Endorsing Through Unexpected Death-Related Loss with Marcela Kopic

Creating Community in a Virtual Training Clinic with Jessica Gutheil

2:00 – 3:15pm  
Utilizing DIRTforline for a Child of ASD and ACEs from an Immigrant Family with Hyangni "Kim" Kang

2:00 – 5:30pm (2 Parts)  
A Multi-Faceted Approach to Evening Night with Doug Paul

4:00 – 5:30pm  
The Spectrum of Suicide: Using Multicultural Empowerment to Understand Suicide Narratives and Foster Reasons to Live with Brynna Arnold

#### FRIDAY, JUNE 18

12:00 – 1:00pm  
Mentoring as a Supervision Technique with Daniel Amparberg  
Supporting Resilience Skill Building During the COVID-19 Era with Raissa H. Miller

Keynote Session  
2:00 – 3:30pm  
**Finding Inner Peace During Difficult Times with Self-Compassion Practices with Corrallo Solomos**

Keynote Session  
4:00 – 5:00pm  
**UNITER: Realism! Authenticity! Wisdom! with Kent Butler**

#### MONDAY, JUNE 21

12:00 – 1:00pm  
Self-Compassion for Trauma Survivorship with Shoshana R. Yehuda

Family Interventions in Problem Gambling Treatment with Cheryl B. Almeida

2:00 – 3:15pm  
The Darker Side of Sleep: Identifying and Treating Trauma-Induced Insomnia with David Engstrom

Progressive Muscle Relaxation for Anxiety, Stress, Pain and Other Disorders with Joseph Kertesz

4:00 – 5:30pm  
The Intersections of Marginality: Working with LGBTQ+ People of Color with Juan Eric Arevalo

Are We Really Helping? Counseling Diverse Clients with Eating Disorders with Paula Edwards-Dayfield

#### TUESDAY, JUNE 22

12:00 – 1:00pm  
Mental Health Issues Impacting Disparate Birth Outcomes Among Black Women with Shoshana R. Yehuda

Effectively Working with African American Clients in a Small Practice with Angel Dowden

2:00 – 3:15pm  
Foundations of Supervision with Katie Hueston

Being Mindful Behind Bars: Effective Approaches for Incarcerated Clients with Sara Pickett

4:00 – 5:30pm  
CBT for OCD: Restoring Freedom, Functioning, and Peace with Fredrick Dombrowski

DSM-5 Resources for Differential Diagnosis with Aaron Norton

#### WEDNESDAY, JUNE 23

12:00 – 1:00pm  
Embodying Inner Resources to Prevent Counselor Burnout in the COVID-19 Era with Laurel Shaler

Performance of Mental Health Counselors in Integrated Care with Douglas Unluoglu

2:00 – 3:15pm  
Technological Therapy in Tough Times with Susan Meyerle

From Shame to Pride with Christopher Cheek

4:00 – 5:30pm  
Impact of Military Culture on Mental Health and Substance Abuse with Katherin Williams

Addressing Religious-Based Values Conflicts in Clinical Supervision with Anita Neuner Colburn

Creating School-Based Mental Health Collaborations in Rural Communities with Tracie Rutherford Self

#### THURSDAY, JUNE 24

12:00 – 1:00pm  
Spark Sessions: Condensed Therapy Intervention with Naya B. Galatze

SUD and Resilience: The Missing Link with Caitlin Sink

2:00 – 3:15pm  
Feed Our Body To Feed Our Mind: Nutrition as a Mental Health Intervention with Sophia Silis-Tallor

Cultivating Cultural Empathy to Create Change in the Counseling Room with Sanycho Teeling

4:00 – 5:30pm  
Vulnerability in Supervisory Relationships: An Ethical Imperative with Matthew B. Shupp

Neuroscience-Informed Counseling with Children and Adolescents with Michelle R. Shoston

#### FRIDAY, JUNE 25

12:00 – 1:15pm  
Drowning Pains: Understanding Parentification and Cultural Implications with Valerie Kaykendall-Rogers

Increasing Connection in the Virtual World with Angel Gelson

Keynote Session  
2:00 – 3:30pm  
**COVID-19, Demographics and Mental Health: An Evolving Picture with Dr. Jost Vahia**

### See you (in person!) in Vegas in 2022!



It wouldn't be a Vegas conference if it wasn't extraordinary!

The bright lights and big city will be welcoming the AMHCA Annual Conference June 22-24, 2022. We are fortunate to be able to offer the LINQ to 2022 attendees. AMHCA members will gather at the world's crossroads to learn, collaborate and promote the profession like we have never done before!



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To ensure that future mailings are sent to your inbox, please add [info@amhca.org](mailto:info@amhca.org) to your contact list.

The vision of the American Mental Health Counselors Association is to position clinical mental health counselors to meet the health care needs of those we serve while advancing the profession.

[AMHCA.org](http://AMHCA.org)

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