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Journal Of Mental Health Counseling January 2021

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Krystyne Mendoza; Loretta Bradley

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D. Robert Casares, Jr.; Erin E. Binkley

THEORY

Culturally Adapted Cognitive-Behavioral Therapy in the Treatment of Panic Episodes and Depression in an African American Woman: A Clinical Case Illustration

Donya D. Wallace; Ryan G. Carlson; Jonathan H. Ohrt

RESEARCH

Effectiveness of Mindfulness-Based Cognitive Therapy-Child With Youth Who Have a Parent Diagnosed With Bipolar I Disorder

Kaitlyn Bruns; Amanda La Guardia; Michael Brubaker; Jenni Farrow; Sian Cotton; Melissa DelBello

NEUROSCIENCE-INFORMED COUNSELING

Extent of Counselor Training in Neuroscience-Informed Counseling Competencies

G. Michael Russo; Eraina Schauss; Surabhi Naik; Rhea Banerjee; Michelle Ghoston; Laura K. Jones; Carlos P. Zalaquett; Eric T. Beeson; Thomas A. Field

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with guest editors Angele Moss-Baker and Dr. Beverly Smith
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Advocacy Update

Congress Introduces Mental Health Counselors in Medicare Legislation

READ UPDATE

Bipartisan legislation that would include licensed mental health counselors (LMHCs), as well as licensed marriage and family therapists (LMFTs), as Medicare providers, has been introduced in the U.S. House of Representatives.

The Mental Health Access Improvement Act of 2021, [HR 432](#), was introduced in the House of Representatives by Representative Mike Thompson (D-CA) and Representative John Katko (R-NY).

This bipartisan legislation would require Medicare to finally recognize LMHCs as Medicare-eligible providers of covered behavioral health services to older adults and other Medicare beneficiaries.

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November 30, 2020

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Chi Sigma Iota Reviews AMHCA's "Essentials"



READ REVIEW

"Essentials of the Clinical Mental Health Counseling Profession is an outstanding resource for both new and experienced counselors to gain a deeper understanding of the mental health community and foundational views of the clinical mental health counseling profession. Created by American Mental Health Counselors Association (AMHCA), this book serves as resource that outlines not only the core values of the counseling profession; but also discusses the structure and ways the organization can assist and facilitate growth for clinical mental health counselors."



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The vision of the American Mental Health Counselors Association is to position clinical mental health counselors to meet the health care needs of those we serve while advancing the profession.