Latest AMHCA Publications

JOURNAL OF MENTAL HEALTH COUNSELING

PRACTICE
Using Storytelling for Counseling With Children Who Have Experienced Trauma
Krystyne Mendoza; Loretta Bradley

Podcasts as an Evolution of Bibliotherapy
D. Robert Casares, Jr.; Erin E. Binkley

THEORY
Culturally Adapted Cognitive-Behavioral Therapy in the Treatment of Poly Emotions and Dissociation in an African American Woman: A Brief Case Description
Dawne S. Waldey, Erin E. Binkley, Jonathan L. S. Yien

RESEARCH
Effectiveness of Mindfulness-Based Cognitive Therapy–Child With Youth Who Have a Parent Diagnosed With Bipolar I Disorder
Kaitlyn Bruns; Amanda La Guardia; Michael Brubaker; Jenni Farrow; Sian Cotton; Melissa DelBello

NEUROSCIENCE-INFORMED COUNSELING
Extent of Counselor Training in Neuroscience-Informed Counseling Competencies
G. Michael Russo; Eraina Schauss; Surabhi Naik; Rhea Banerjee; Michelle Ghoston; Laura K. Jones; Carlos P. Zalaquett; Eric T. Beeson; Thomas A. Field

New Microsite on Systemic Racism
with guest editors Angele Moss-Baker and Dr. Beverly Smith

Member Reflections: CMHCs can help Black clients through pain and suffering - by Napoleon Harrington

Counseling Tips: Improving cultural competence for behavioral health professionals
Promoting Sanity in Insane Times - by Dr. Courtland Lee

Advocacy Update
Congress Introduces Mental Health Counselors in Medicare Legislation

Bipartisan legislation that would include licensed mental health counselors (LMHCs), as well as licensed marriage and family therapists (LMFTs), as Medicare providers, has been introduced in the U.S. House of Representatives.

The Mental Health Access Improvement Act of 2021, HR 432, was introduced in the House of Representatives by Representative Mike Thompson (D-CA) and Representative John Katko (R-NY). This bipartisan legislation would require Medicare to finally recognize LMHCs as Medicare-eligible providers of covered behavioral health services to older adults and other Medicare beneficiaries.

Latest AMHCA Member Blogs & Discussions
By Anthony Centore
November 30, 2020
Blogging Can Help You Succeed in Private Practice

By Anthony Centore
October 31, 2020
Thriveworks Counseling conducts a survey that reveals US adults in counseling are feeling stressed and depressed

Did you read our Diversity & Justice special issue of our magazine?

Chi Sigma Iota Reviews AMHCA’s "Essentials"

The Chi Sigma Iota Division of the Clinical Mental Health Counseling profession is an outstanding resource for both new and experienced counselors to gain a deeper understanding of the mental health community and foundational views of the overall mental health counseling profession. Updated by American Mental Health Counselors Association (AMHCA), the book serves as resource that outlines not only the core values of the counseling profession, but also discusses the roles and ways the organization can assist and facilitate for clinical mental health counselors.