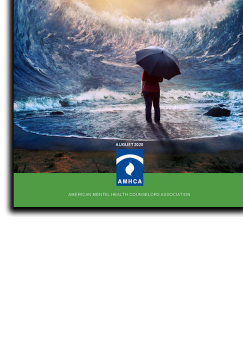


## This Week at AMHCA

### AMHCA News Updates



AMHCA released a report on the number of Americans reporting mental health distress over the last few months.

AMHCA released a major report yesterday on the number of Americans reporting mental health distress over the last few months. Please see our new study – Beyond the Perfect Storm – How Racism, Covid-19, and Economic Meltdown Imperil Our Mental Health – and our press release on the study.

Based on the AMHCA report, nearly 41 percent of adults nationally are reporting that they are suffering from a mental health disorder -- or about 103 million adults in the U.S.

[Press Release](#)[Download Report](#)

AMHCA's Resource Site for COVID-19 - [Continuously Updated](#)

We are grateful for all that you -- AMHCA members -- and our partners are doing on the ground to support the health, safety, and well-being of people with mental health conditions. The AMHCA team is so proud to be working for you knowing during this crisis, as you are on the frontlines providing critically important treatments and services to vulnerable Americans who suffer from an array of conditions such as depressive, anxiety, panic, PTSD, trauma-related, and other mental health disorders. We will continue to update our site with information as soon as we get it. Please also look for a new Coronavirus-edition of our newsletter that is coming out every two weeks with the latest updates.

[COVID-19 Resources](#)

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### Continuing Education

Rethinking Effective Trauma Counseling: Insights from Stress Physiology

(Graduate Student and Emerging Professionals Webinar Series)

Aug 28, 2020 from 3:00 PM to 4:00 PM (ET)

Please note - space is limited so we encourage you to allow students and recent graduates the opportunity to sign up first. The presentation will be recorded and made available on our site for our members to view.

Rethinking Effective Trauma Counseling: Insights from Stress Physiology with Dr. Madeleine Morris Lowman, LCMHCA, NCC

Objectives:

1. Participants will become familiar with the Triphasic Model of Trauma Counseling (Herman, 1992)
2. Participants will learn differences in top-down vs bottom-up trauma counseling approaches
3. Participants will be introduced to key components of stress physiology and learn how to incorporate those components into counseling interventions.

[Register](#)

Microaggressions in Counseling: Reflections During a Racial Pandemic

Sep 11, 2020 from 1:00 PM to 2:00 PM (ET)

This webinar will explore research related to microaggressions in the counseling relationship and the impact this has on clients and counselors' personal wellness. Implications for counselor of Color self-care, counselor in training education, and supervision strategies will be discussed. Specific focus will be directed on how counselors navigate discussions related to marginalized identities within the current context of the racial pandemic.

Objectives:

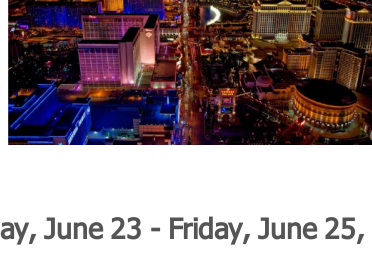
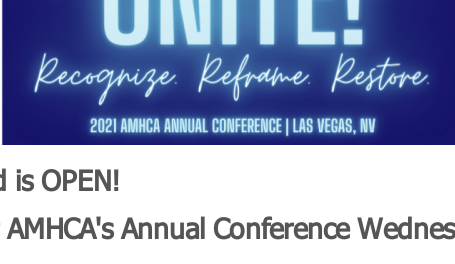
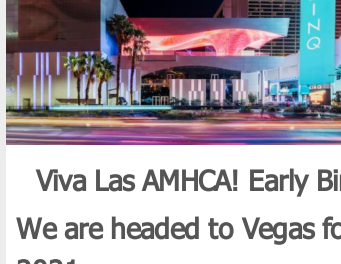
1. Participants will identify examples of counselor and client microaggressions in counseling sessions
2. Participants will learn strategies to address and repair the impact of microaggressions in counseling
3. Participants will explore self-care and supervisory strategies to address counselor directed microaggressions in counseling

Members: \$10

Non-Members: \$20

[More Information](#)

### 2021 Conference Updates



Viva Las AMHCA! Early Bird is OPEN!

We are headed to Vegas for AMHCA's Annual Conference Wednesday, June 23 - Friday, June 25, 2021

Early bird is open and we are anticipating our call for proposals to come out in the next month or two. Join colleagues in Vegas next year at the LINQ for empowering sessions and energizing fellowship. This year's theme is **UNITE! Recognize. Reframe. Restore.**

[Register](#)

Interested in Serving on the Conference Planning Committee?

The 2021 AMHCA Annual Conference call for proposals is open and we want to hear from you! This year's theme is UNITE! Recognize. Reframe. Restore. We hope that you will consider submitting a proposal to present at this year's conference. This is an excellent opportunity to share your expertise with colleagues from across the country.

The deadline for proposals is **September 30, 2020**. If you have any questions about our proposals process, please contact Rebecca Woodson, AMHCA's Director of Events, at [rwoodson@amhca.org](mailto:rwoodson@amhca.org) or 703-548-6002 x108.

[Call for Proposals](#)

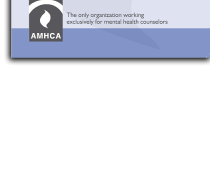
Call for Posters

[Call for Posters](#)

Call for Reviewers

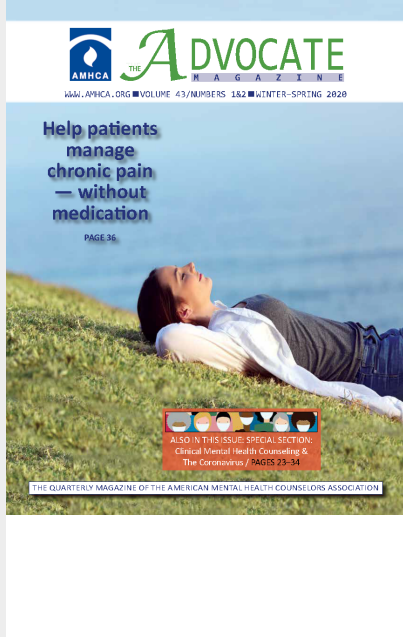
[Call for Reviewers](#)

### Publications



Journal of Mental Health Counseling: Volume 42, Issue 3, July 2020

This issue covers Using Photovoice to Promote Meaning-Making in a Suicide Loss Support Group in the Practice section; the Research section includes A Meta-Study of the Journal of Mental Health Counseling: An Analysis of Publication Characteristics, 2000–2019, Inquiring About Client Cultural Identities: A Content Analysis of Intake Paperwork, Counseling Adults With Sensory Processing Disorder: An Exploratory Study, Young Adults' Attitudes About Corporal Punishment: Implications for Mental Health Counseling, and Health Orientation and Fear of Cancer: Implications for Counseling and Integrated Care.

[Access the Journal](#)

The Advocate Magazine: Combined Winter/Spring 2020 Issue: Special Focus on Coronavirus

Featuring CMHCs' Role in Helping Patients Manage Pain without Medication and Innovative Neurocounseling Interventions That Improve Sleep; with a special focus on Clinical Mental Health Counseling & the Coronavirus COVID-19, Precautions for CMHCs, Telehealth: Can You Hear (and See) Me Now?, Isolation Affects Mental Health and Counseling and 5 Ways to Help Clients Deal with Chronic Distress Counseling Strengthens Overall Health, Too. Plus Member Reflections: Factors that could be causing the rising rates of suicide for veterinary professionals, Counseling Tips: How can CMHCs help couples build GREAT relationships?, Inside AMHCA: Medicare: Let's Get it Done!, AMHCA Goes International; Election Results; New Publications AMHCA State Chapters: FMHCA: How to Pull Off a Great Annual Conference; FMHCA: Strategies for Passing Licensure Portability; Reaching Out to First Responders; FMHCA: Responding to Member Needs During a Crisis

[Digital Magazine Access](#)

2020 AMHCA Standards for the Practice of Clinical Mental Health Counseling

The "AMHCA Standards" bridge professional expectations with clinical practice. "AMHCA Standards" is a living document that is updated on a continuing basis by AMHCA's Advancement for Clinical Practice Committee to meet the needs of the public and the profession. In addition to standards of practice, it includes training and supervision standards. Download the revised 2020 edition for free at AMHCA.org.

[Learn More](#)

2020 AMHCA Code of Ethics

The "AMHCA Code" is an essential component of practicing clinical mental health counseling with professionalism and integrity. While ethical guidance for the practice of clinical mental health counseling is its primary purpose, it is also intended to prompt pondering about ethical thinking and practice. Download the revised 2020 edition and see our other great ethics resources for free at AMHCA.org.

[Learn More](#)

AMHCA Practice Guidelines

AMHCA Practice Guidelines provide technical assistance, identify best practices and highlight lessons learned on successful positioning strategies for practitioners on a range of areas related to the delivery and financing of mental health services in the era of health care reform and implications on clinical practice.

[Learn More](#)

Declaring with Pride the Fundamental Values Held by Clinical Mental Health Counselors

The Declaration serves as a concise public statement of professional standards, values, and ideals. It is a voluntary pronouncement. If you desire, you are encouraged to display The Declaration in your office. It may also be used at graduations or for other appropriate occasions.

[Learn More](#)

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### Chapter News and Events

Chapter Leaders: List your chapter event on AMHCA.org!

Widen your audience to the entire AMHCA membership! Register your event with AMHCA and have it listed on our calendar.

[List Your Event](#)

### Latest Jobs

Behavioral Health Counselor, AACI, San Jose, California

[View Job](#)

Mental Health Therapist, Pearl Health Clinic, Ammon, Idaho

[View Job](#)

Police Social Worker or Counselor, Village of New Lenox, New Lenox, Illinois

[View Job](#)

Substance Abuse Specialist, WakeMed Health & Hospitals, Raleigh, North Carolina

[View Job](#)

Behavioral Health Counselor (Part-Time & Full-Time), WakeMed Health & Hospitals, Raleigh, North Carolina

[View Job](#)

Licensed Clinical or Counseling Psychologist, Alexandria, LA VA Medical Center, Alexandria, Louisiana

[View Job](#)

Neuropsychologist - Clinical Operations, Cedars-Sinai Medical Center, Los Angeles, California

[View Job](#)

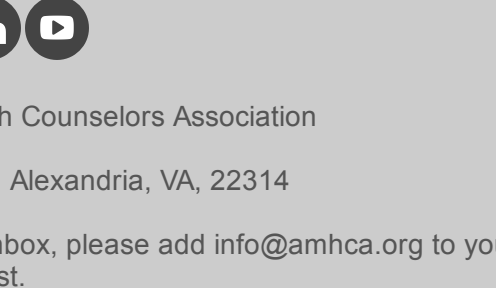
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To ensure that future mailings are sent to your inbox, please add [info@amhca.org](mailto:info@amhca.org) to your contact list.

The vision of the American Mental Health Counselors Association is to position clinical mental health counselors to meet the health care needs of those we serve while advancing the profession.

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