

Saturday General Session

Warriors and Their Families:

Adjusting to Pressures and Transitions

With the official end of the Iraq War and troops continuing to serve in Afghanistan and around the world, there is a growing need to address issues concerning our troops and their families. Our panel of experts will address topics faced by veterans and how the mental health community can continue to support this growing population. Topic slides will be used as a focus for panelists and to prompt questions from the audience. Issues may include: loyalty, financial stress, values, stigmas, social support, self care and sexual assault.

Panelists:

Major Ammon Campbell, *Active Duty & Mental Health Counselor*
Nate Crawford, Ph.D., *Retiered Air Force Chaplain*
Judith Harrington, Ph.D., LPC, LMFT, *Suicide Prevention*
Adrian Magnuson-Whyte, MA, LMHC, *Disenfranchised Veterans*
Susanne Walker, MS, LPC, *Military Family Issues*

Pre-Conference Workshop



Suicide Prevention, Intervention, and Postvention

During an era when hospitalization for suicidality is limited in length of stay or in readily available admissions, clinicians experience more demands for comprehensive care management and intervention.

This workshop will highlight current thinking about suicide prevention as a national health imperative, review current practice for assessment and formulation of risk, emphasize practices for treatment and intervention, define postvention as it relates to attempt survivors and loss survivors, and identify loss survivors' protracted bereavement due to complicated grief, stigma, and trauma.

Judith Harrington, Ph.D., LPC, LMFT, is an approved trainer for the Assessing and Managing Suicidal Risk curriculum for mental health professionals on behalf of the Suicide Prevention Resource Center (SPRC-SAMHSA) and the American Association of Suicidology (AAS). Since 2004, she has been highly active with the formerly named Alabama Suicide Prevention Task Force, now acting as its first full-term President as a non-profit organization referred to as ASPARC - the Alabama Suicide Prevention

and Resources Coalition. She is in full-time private practice providing therapy and consultation since 1988.

Pre-Conference Workshop



Michael Kahn,
LPC, JD

Reel Therapy: Ethical and Professional Issues for Therapists

Therapists and therapy are often portrayed in films with varying degrees of accuracy. Nevertheless, real therapists and other helping professionals can learn a great deal about themselves from "reel" therapists. The workshop will include provocative film clips, which often are an entertaining, powerful, and effective means for elaboration and discussion. This presentation will provide a forum for helping professionals to discuss ethical questions and related professional issues. It is designed to be interactive and will offer hypothetical vignettes to explore. Reference will be made to relevant professional codes of ethics, including counseling, social work, and psychology.

Michael has a B.A. in Psychology from Emory University (1982), a law degree from the Dickinson School of Law (1985), and a Masters in Education from the University of North Carolina at Greensboro (1994). He is an LPC and a nationally certified counselor. His areas of interest include grief and men's issues. Michael lectures and facilitates workshops in the U.S. and internationally on grief, diversity, self-care, and ethics, including work with the U.S. military here and in Germany. He also presents ethics workshops to attorneys. He is among the forefront in his field on the use of film in group therapy and workshops. In his free time, Michael makes documentary films.

"This is a conference I would attend again. The speakers were fantastic leaving me with a desire to learn more on their topic. The diversity of topics for breakout sessions was also very good."

Audrey Rozeboom,
Sacramento, CA

www.amhcaconference.org



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COUNSELING IN THE MODERN ERA:
CHALLENGES & OPPORTUNITIES IN A CHANGING WORLD

American Mental Health Counselors Association

Annual Conference

Buena Vista Palace ♦ Orlando

July 19-21, 2012

"For mental health counselors/licensed professional counselors, AMHCA delivers professional development events and networking opportunities that cannot be matched elsewhere."

Fran Martin, Nashville, TN

Friday Keynote & Invited Track



Brené Brown,
Ph.D., LMSW

Friday Keynote:

The Power of Vulnerability

In our culture, vulnerability has become synonymous with weakness. We associate vulnerability with emotions like fear, shame, and scarcity; emotions that we don't want to discuss, even when they profoundly affect the way we live, love, work, and lead. Because of this, we put on a face of invulnerability, which can lead to personal issues for many. Dr. Brown will explore the critical role vulnerability plays in our lives, common strategies we use to avoid and minimize vulnerability, and actionable strategies for using vulnerability to help us both personally and professionally.

Invited Track:

The Hustle for Worthiness: Exploring the Power of Love, Belonging, and Being Enough

Dr. Brown will discuss how being loved and feeling as though we "belong" is one of our basic needs as humans (much like food, shelter, etc.) and how we do not function well when we do

not have our basic needs met (often resulting in mental health issues). She will discuss how our own beliefs about whether or not we're "worthy" of being loved and belonging is at the root of these issues and probably causes barriers to anyone truly loving us. Worthiness is not about who we should be or who we might be or who we could be. It's about who we are. Right now. Today. It's about waking up and believing, "I am enough." Own your story. Claim your worthiness. You ARE enough.

Brené Brown, Ph.D., LMSW, is a professor and vulnerability researcher at the University of Houston Graduate College of Social Work. For the past 10 years, she has studied how our thoughts, emotions, and behaviors shape who we are; what it takes to be our best, most authentic selves; and what gets in the way. An award winning teacher, Dr. Brown has been featured on PBS, NPR, and the Oprah and Friends Radio Network, and her articles have appeared in *Self* magazine, *Elle* magazine, and many national newspapers. She is also a frequent guest on radio shows across the country and she has given two TEDx talks on her vulnerability research. *Houston Women Magazine* named her one of "The 50 Most Influential Women of 2009."



Karen Langer, M.Ed., LMHC President-Elect & Conference Planning Committee Chair

You're invited to AMHCA's annual conference, **COUNSELING IN THE MODERN ERA: Challenges and Opportunities in a Changing World** in Orlando, July 19-21, 2012. Join us as we explore not only the issues that clinical mental health counselors wrestle with today, but also, our opportunities and how we can make the most of them.

This year we are excited to welcome keynote speaker Brené Brown, Ph.D., LMSW, whose address will explore the **Power of Vulnerability**. Dr. Brown will also present a workshop on **The Hustle for Worthiness**. In addition, we are planning a Saturday morning panel, **Warriors and Their Families: Adjusting to Pressures & Transitions** to focus on the challenges and opportunities of working with veterans.



W. Mark Hamilton, Ph.D. Executive Director & CEO

Our pre-conference offerings include Judith Harrington, Ph.D., LPC, LMFT, with a presentation on **Suicide Prevention, Intervention and Postvention** and an ethics workshop with a twist by Michael Kahn, LPC, JD, titled **Reel Therapy: Ethical and Professional Issues for Therapists**.

Be sure to check out the rest of the brochure and visit the conference site online at www.amhcaconference.org for more information. This year's conference promises high quality programs, updates on issues that affect our members and an opportunity to network with members and other mental health counselors. Don't forget to check out our fabulous exhibitors too!

During non-conference time, this year's conference location, Orlando, Florida offers opportunity for fun and adventure for all, including: golf, theme parks, water parks, pools, tennis, spas, sightseeing tours, airboat rides, jet ski rentals, balloon rides, fishing, shopping, museums and arts. Take the opportunity to be unavailable and just enjoy the summer. The conference hotel, Buena Vista Palace is ideally located and offers transportation to nearby Disney Theme Parks and Downtown Disney®. **Don't forget to register and book your room early to get the best rates!**

Program at a Glance *schedule subject to change

Thursday, July 19

1-5:30 p.m.
Pre-Conference Workshops

6-7 p.m.
Welcome Reception & Poster Sessions

7-9 p.m.
Breakout sessions (1-hour or 2-hour sessions will be offered)

Friday, July 20
7:15-8 a.m.
Registration & Continental Breakfast

7:15 a.m.-5 p.m.
Exhibit Hall & Cyber Café Open

8-9:20 a.m.
Welcome & Keynote Address, Brené Brown, Ph.D., LMSW

9:30-10 a.m.
Networking Break

10-11:50 a.m.
Invited Track (ticket required)
Brené Brown, Ph.D., LMSW

The Hustle for Worthiness: Exploring the Power of Love, Belonging, and Being Enough

10-11:50 a.m.
Breakout sessions (multiple 1-hour and 2-hour sessions will be offered)

Noon-1:30 p.m.
Awards Lunch (ticket required)
or Lunch on Your Own

1:40-3:30 p.m.
Breakout Sessions (multiple 1-hour, 2-hour and 3-hour sessions will be offered)

3:30-3:45 p.m.
Networking Break

3:45-6:35 p.m.
Breakout Sessions (multiple 1-hour, 2-hour and 3-hour sessions will be offered)

Saturday, July 21
7:15-8 a.m.
Registration & Continental Breakfast
Mental Health Interest Network Meeting

7:15 a.m.-5 p.m.
Exhibit Hall & Cyber Café Open

8-9:20 a.m.
Welcome & Panel Discussion
Warriors and Their Families: Adjusting to Pressures & Transitions

9:30-10 a.m.
Networking Break

10-11:50 a.m.
Breakout sessions (multiple 1-hour and 2-hour sessions will be offered)

Noon-1:30 p.m.
Student Lunch (ticket required)
or Lunch on Your Own

1:40-3:30 p.m.
Breakout Sessions (multiple 1-hour, 2-hour and 3-hour sessions will be offered)

3:30-3:45 p.m.
Networking Break

3:45-5:35 p.m.
Breakout Sessions (multiple 1-hour, 2-hour and 3-hour sessions will be offered)

About Orlando

Come experience a conference tailored specifically to the field of mental health counseling during the day... then relax and have some fun at the state-of-the-art Buena Vista Palace at night! Experience an Orlando resort getaway that ascends above the rest, soaring 27 stories above the world's favorite destination. Take a refreshing dip in one of three outdoor pools or schedule a soothing treatment at the full-service spa and salon. For work or play, delight in the exclusive amenities, stunning accommodations, and take advantage of the seven restaurants and lounges. Experience the world-famous Downtown Disney®, right next door, with its vibrant shops, delicious restaurants and exhilarating nightlife. As an added value, the hotel offers complimentary and continuous transportation to and from all of the Walt Disney World® Theme Parks. Conference attendees will receive a link to purchase discounted tickets to Walt Disney World® Theme Parks.

Orlando offers unique experiences for everyone to ensure an unforgettable getaway. Visitors both young and young at heart can immerse themselves in the world's top theme parks. From the classic Magic

Kingdom at Walt Disney World® Resort to the magical Wizarding World of Harry Potter at Universal Orlando® Resort, there's a world for everyone to escape into.

While the city may be best known for its world-class theme parks, Orlando is chock full of unique outdoor and sporting activities for adventure seekers. Take advantage of experiences, like flying through a swamp on an airboat or getting up close with wildlife at Gatorland or SeaWorld's Discovery Cove. Those seeking a more laid-back experience can opt for a stroll through one of many gardens and parks. And not to discount the over 150 golf courses, numerous tennis facilities and hundreds of lakes for fishing and boating.

The fun doesn't stop when the sun goes down: check out a show at Cirque de Soleil, Blue Man Group or visit one of Orlando's many dining options. From independently owned neighborhood eateries to family-fun themed establishments, the Orlando area offers a surprisingly diverse array of epicurean delights.

Registration Info & Policies

GENERAL INSTRUCTIONS: A badge is required for all events. Complete a separate registration form for each attendee. All registration deadlines are postmark deadlines. If you are registering after June 26, 2012, DO NOT mail or fax your form. Instead, bring the completed form, with payment for the appropriate Onsite Registration Fees, to the conference and register on site.

WHAT'S INCLUDED IN YOUR FEE: The General Attendee registration fee includes breakout sessions, keynote speaker, Welcome Reception, Continental Breakfasts, and scheduled morning and afternoon refreshment breaks. NOTE: The General Attendee package fee does NOT include additional fees related to pre-conference workshops, invited tracks and other ticketed special events. Daily Registration fees do NOT include the Welcome Reception or fees for pre-conference workshops, invited tracks or ticketed special events. Continental breakfast and refreshment breaks offered on the day you register are included.

LIMITED AVAILABILITY: Space for pre-conference workshops and invited tracks is limited. Online registrants will choose their workshops when they register. If you register by mail, a workshop may be full by the time we process your registration. We will make every effort to accommodate your first choice. Workshops will be assigned on a first-come, first-served basis. If you pay the additional fee for a workshop, and it is full when we process your registration, the fee will be refunded.

REFUND POLICY: Refunds will only be issued for full conference registration, single day registration, and pre-conference workshops, and a \$60 administrative cancellation fee will be charged. Refunds will NOT be made for invited tracks or special event tickets. All cancellation requests must be made in writing and submitted by MAIL OR FAX ONLY to: AMHCA Conference, c/o The Grassley Group, 409 Washington Street, Ste A, Cedar Falls, IA 50613, Fax: 703-637-1252. Emailed cancellations will NOT be accepted. The postmark deadline for submitting cancellation/ refund requests is June 4, 2012. If submitting by fax, the fax must be received by 11:59 p.m. Eastern Time on June 4. If submitting the cancellation/refund request by mail, it must be postmarked by June 4. Refund requests will be processed within 30 days of receipt.

SUBSTITUTIONS/TRANSFERS: Registrations may be transferred to another conference participant for a fee of \$35. Substitution requests must be received in writing BY FAX ONLY to Fax: 703-637-1252. The request must be submitted by the original registrant and include the name and contact information (including email address) of the substitute. The deadline for submitting substitutions is June 26, 2012, 11:59 p.m. Eastern Time. The substitute must qualify for the same rates as the original registration (for example a general attendee cannot be a substitute for a student).

2012 AMHCA Conference Registration

COUNSELING IN THE MODERN ERA: CHALLENGES & OPPORTUNITIES IN A CHANGING WORLD

Full Name (First Name, Middle Name/Initial (optional), Last Name, Designations)

First Name/Nickname (to appear above full name on your badge) Company

Mailing Address

City State Zip/Postal Code

Email Address Work Phone

AMHCA Membership # _____ Membership Status: Clinical Regular Student Retired

Do you have any disabilities that may require special services? (If yes, we will contact you.) Yes No

Please describe any special dietary considerations: _____

4 Ways to Register

Online
www.amhca.org

Phone
1-877-743-5312

Fax
703-637-1252

Mail
AMHCA Conference
409 Washington St., Ste A
Cedar Falls, IA 50613

FEE SCHEDULE <small>Please circle your selections and write the total in the space provided below.</small>	Early-Bird Registration thru 4/18/2012		Advanced Registration 4/19/2012-6/26/2012		Onsite Registration After 6/26/2012	
	MBR	NMBR [†]	MBR	NMBR [†]	MBR	NMBR [†]
Full Packages						
General Attendee	\$379	\$464	\$439	\$524	\$499	\$584
Retired Member	\$199	N/A	\$259	N/A	\$319	N/A
Student	\$199	\$231	\$259	\$291	\$319	\$351
Spouse/Guest (not a counselor)	N/A	\$189	N/A	\$189	N/A	\$189
Daily Packages						
<input type="checkbox"/> Friday <input type="checkbox"/> Saturday	\$265	\$279	\$325	\$339	\$385	\$399
Optional Workshops/Events						
Pre-Conference Workshops <input type="checkbox"/> Ethics (Kahn) <input type="checkbox"/> Suicide (Harrington)	\$135	\$159	\$145	\$169	\$155	\$179
Invited Track (Friday, Brown)	\$30		\$40		\$50	
Awards Luncheon	\$40		\$45		\$50	
Student Luncheon	\$10		\$10		\$12	

[†] Non-member rate includes a one-year membership in AMHCA for new members or returning members expired prior to June 30, 2009.

Total Due (from items circled above): \$ _____

Payment Method Check (payable to AMHCA) Visa/MasterCard Discover American Express

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Authorized Signature/Date _____

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